

Lunch Symposium at  
the Congress of Primary Care Diabetes Europe

## Supporting Patients Facing Barriers to Insulin Therapy in Everyday Clinical Practice

*Friday 13th April 2018  
Barcelona, Spain*



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# Supporting Patients Facing Barriers to Insulin Therapy in Everyday Clinical Practice

## SYMPOSIUM LEARNING OBJECTIVES

Through attending this Type 2 diabetes case-based session, you should be able to:

- Understand the emotional barriers to initiating insulin therapy
- Address patient concerns to help overcome emotional barriers and encourage insulin acceptance and adherence
- Optimise discussions around hypoglycaemia, particularly with individuals who are reluctant to start insulin
- Understand key steps that ensure a positive start on insulin therapy

## AGENDA

*Speakers: Professor Frank J. Snoek, PhD  
Professor Pinar Topsever, MD*

**13:00**      **Introduction**  
*Opening Remarks*

**13:15**      **Clinical Case Discussion:**  
*Clinical Perspectives from a Primary Care Physician and Psychologist*

**14:05**      **Panel Discussion**

**14:20**      **Closing Remarks**